

Figure 1a



Figure 1b

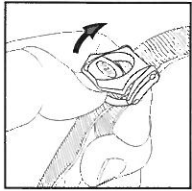


Figure 2

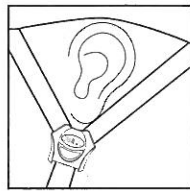


Figure 3

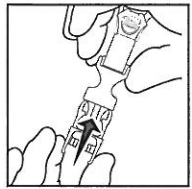


Figure 4

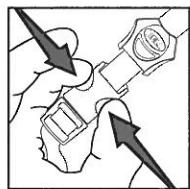


Figure 5

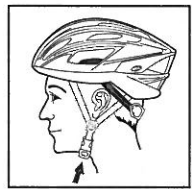


Figure 6

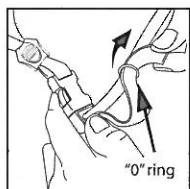


Figure 7

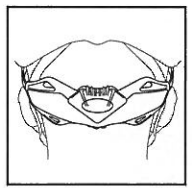


Figure 8

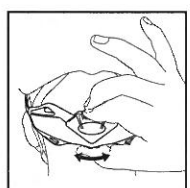


Figure 9

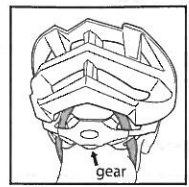


Figure 10

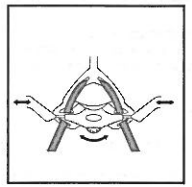


Figure 11

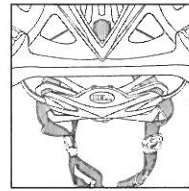


Figure 12

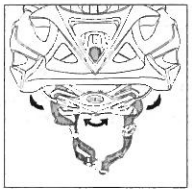


Figure 13

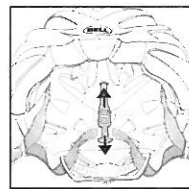


Figure 14

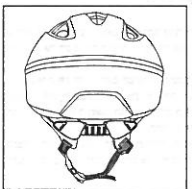


Figure 15

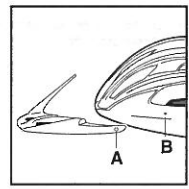


Figure 16

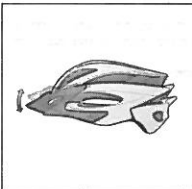


Figure 17

# ENGLISH

## OWNER'S MANUAL

This helmet is intended only for pedal cyclists, skateboarders, or roller-skaters, as specified in the helmet marketing. It is not intended for motorsport, moped, or other uses. If your helmet bears a CPSC designation it meets the safety requirements of the Consumer Product Safety Commission. If your helmet bears CE designation it meets the EN 1078 safety requirements of the European Committee for Standardization.

### LIMITED IMPACT PROTECTION

Helmets cannot always protect against injury. Even a very low speed accident can result in serious injury or death. Any helmet subjected to a severe impact should be discarded and destroyed, even though damage may not be outwardly visible. Since this helmet is made of polystyrene foam, there is a chance it may be penetrated by sharp objects.

### HELMETS CAN'T PROTECT WHAT THEY DON'T COVER

This helmet will not protect the neck or any areas of the head that it does not cover. It cannot guard against spinal or other bodily injuries that may result from an accident.

### SAFETY

This helmet has a limited life span in use and should be replaced when it shows obvious signs of wear.

- Do not modify or remove any original component parts of the helmet, other than as recommended by Bell Sports. Do not adapt the helmet for the purpose of attaching accessories, other than as recommended by Bell Sports.
- This helmet should not be used by children while climbing or doing other activities when there is a risk of hanging if the child gets trapped with the helmet.
- Please exercise care and good judgment whenever you ride. Comply with all traffic regulations and do your part to avoid accidents of any kind. Many accidents happen close to home.
- Watch carefully for drivers turning in front of you. Drivers often report that they never saw the bicycle or the rider.
- Wear brightly colored clothes.
- Don't ride at night without proper lighting and reflectors. Watch for parked cars. Doors often open without warning.
- Pretend you're invisible. Don't assume that automobile drivers can see you.

### FITTING THE HELMET TO YOUR HEAD

In order for your Bell helmet to work correctly, it must fit and be worn correctly. Follow these five simple steps to learn how to properly fit and wear your helmet. You will need a mirror.

#### STEP 1: WEAR YOUR HELMET IN ITS PROPER POSITION

Always wear the helmet low in the front to protect the forehead (Figure 1a). Never wear the helmet tipped back to expose your forehead (Figure 1b).

**IMPORTANT:** All fitting adjustments MUST be made with the helmet in the proper position. Failure to do so will result in a poor fit. This will allow the helmet to move out of position or come off in an accident.

#### STEP 2: ADJUST THE STRAPS

(If your Bell helmet is equipped with the One-Step Fit System, you may skip ahead to Step 3.)

To adjust the position of the straps:

1. Open the Cam-Lock adjusters (Figure 2). Put the helmet on and slide the straps through the adjusters until they are located in the correct position as indicated in Figure 3.
2. Make sure there is no slack in any of the straps when the adjusters are positioned correctly.
3. Close and lock the Cam-Lock adjusters. The front and rear straps should join at a point slightly below and in front of (but not covering) the ears (Figure 3).

#### STEP 3: ADJUST THE CHIN STRAP

Always wear the helmet with the chin strap buckle fastened and the strap pulled tight. Figures 4 and 5 show how to fasten and release the buckle. Make sure the strap is well back against the throat, NOT on the point of the chin. Straps worn on the point of the chin increase the chance of the helmet coming off in an accident. Figure 6 shows the proper position of the chin strap.

**WARNING!** Make sure the loose end of the strap passes through the rubber "O" ring (Figure 7). If it does not, the strap may slide loose and the helmet can come off accidentally.

#### STEP 4: GETTING THE CORRECT FIT

The helmet fits correctly when it is held firmly but comfortably in place by the interior fit pads and the fit system. Identify your helmet's fit system by matching it to one of the illustrations and follow the accompanying adjustment instructions.

##### A. Conventional Fit Pads

Follow steps 1-3 above. Pads are held in place by hook-and-loop style fasteners. Try any combination of the different thicknesses provided until the helmet fits firmly and comfortably.

##### B. ErgoDial Fit System

Follow steps 1-3 above. Next, press the button on top of the ErgoDial (Figure 8) with your fingers and turn dial with your thumb-clockwise to tighten, counterclockwise to loosen (Figure 9)-to a comfortable fit. The fit system should be snug, but not uncomfortably tight.

##### C. Geared Positioning System (GPS) Fit System

Follow steps 1-3 above. Next, find the GPS gear located at the back of your head at your occipital lobe (Figure 10). With your thumb, press the GPS dial upward and turn clockwise to tighten the fit. To loosen the fit, simply press the GPS dial upward with your thumb and turn counter-clockwise (Figure 11). The fit system should be snug, but not uncomfortably tight.

##### D. Twin Axis Gear (TAG) Fit System

Follow steps 1-3 above. Next, find the TAG gear located at the back of your head at your occipital lobe (Figure 12). With your thumb, press the TAG dial upward and turn clockwise to tighten the fit. To loosen the fit, simply press the TAG dial upward with your thumb and turn counter-clockwise (Figure 13). The TAG fit system is equipped with a height adjustment mechanism. Slide the fit system up or down in the helmet until it is in the most comfortable position for you (Figure 14). The fit system should be snug, but not uncomfortably tight.

##### E. One-Step Fit System (Figure 15)

Follow steps 1 and 3 above. The fit system should be snug but not tight.

### STEP 5: CHECKING THE FIT AND ADJUSTMENTS

Before using the helmet, make sure it fits correctly, the straps are correctly adjusted, and the chin strap is tight enough. Put the helmet on in the correct position. Fasten the chin strap and pull it tight. Stand in front of the mirror.

**A.** Check the fit. Grab the helmet with both hands and twist it to the left and to the right. If the helmet fits right, the skin on the forehead will move as the helmet moves. If it does not, the helmet is too loose. Return to Step 4.

**B.** Check the straps. Grab the helmet with both hands and try to remove it by rolling the helmet forward and backward as far as you can. Make a serious effort. THIS IS IMPORTANT. If you can roll it off the head completely in either direction, by rolling it forward so far that it blocks your vision, or backward far enough to expose the forehead, it doesn't fit correctly. Repeat Steps 2 and 3 until helmet movement is minimal.

**WARNING!** If you cannot adjust the helmet to fit properly according to Step 5, DO NOT USE THIS HELMET. Replace it with a different size or model.

Once you are satisfied that the helmet fits correctly and that all straps are properly adjusted and tightened, take a short test ride. Pay attention to overall comfort and helmet stability while riding. Make any minor adjustments to the fit pads and straps to improve comfort or stability.

**WARNING!** If you cannot adjust the helmet so that it fits correctly according to these instructions or so that it is comfortable and stable while riding, DO NOT USE IT. Return it to your dealer or contact Bell Sports for assistance.

### HELMETS WITH VISORS

Some helmets come with removable snap-on visors. To remove visor, follow these steps:

1. Pull the ends of the visor loose from the helmet and then lift away from the helmet.
2. To replace the visor, center it on the helmet and then snap the pins (A) on the visor into the holes (B) in the helmet, Figure 16.

Some Bell helmets come with a Variable Position Visor (VPV). VPV visors offers 15 degrees of vertical angle adjustment, simply tilt the visor up or down to the desired position (Figure 17).

**CAUTION:** DO NOT try to remove the visor by pulling forward on the center. This will damage the helmet and the visor.

### CARING FOR YOUR HELMET

**CLEANING** - Helmets are made of materials that can be damaged by many commonly available cleaners. Petroleum based solvents or cleaners are especially dangerous. They can damage a helmet so that its protective capabilities are significantly reduced. Many times this damage is not visible. For best results, clean the helmet using a soft cloth or sponge, warm water and mild soap.

**STORAGE** - After each use allow the helmet to air dry and then store in a cool, dry place. Excessive heat can damage the helmet. In direct sunlight, dark gear bags and automobile trunks can get hot enough to cause heat damage. Damaged helmets will appear to have uneven or bubbly surfaces.

**WARNING!** DO NOT use heat-damaged helmets.

**WARRANTIES** - Bell warrants to the original purchaser of this product that the product is free of defects in material and workmanship for a period of one year from the original date of purchase. This warranty does not apply to defects of physical damage resulting from abuse, neglect, improper repair, improper fit, alterations, or use unintended by the manufacturer.

If your Bell helmet is found to be defective in materials or workmanship within one year from the date of purchase, Bell or the country distributor will at its sole option either repair or replace the helmet free of charge. Just take it to your retailer, with a letter indicating the specific reasons you are returning the helmet, and proof of date of purchase. The retailer will then evaluate the claim. Bell does not warranty any helmet damaged due to heat or contact with solvents. This warranty does not affect your statutory rights. This warranty is in lieu of all other agreements and warranties, general or special, express or implied and no representative or person is authorized to assume liability on behalf of Bell in connection with the sale or use of this product.